## Spirit Messages & Lessons

## Excerpt from Day 15 ~ Page 66 About Channeling

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**Amy there?** Amy Amy Amy Amy More practice? Yes. Amy Amy Amy Amy Who else can write to me? No. Amy!

Any information for me today? Yes, ok there are stand ... Standards? Yes, yes ... OK. by which man must live, to not live by them means death. OK? Education is the answer. You must write and educate men on earth. How? Write, Helen, about this writing. Now? Yes. Where start? Start with how you did it. OK. Tell what you have learned.

How can I prove it's real and not my subconscious? Ok, Helen, say to the people that unless they prove it is not possible then it could be true. When will I believe it's true? You will get proof in your writings very soon. What shall my first article be? Ok, tell about automatic writing and how it started for you. What 'slant' or 'angle'? Stardust ... Stardust what? The Stardust Connection. Why do I hear the word just before it's written? Ok, your brain receives the word first and sends it to your reflex system. Can't it happen without my "hearing" it first? No, no no. That's what makes it hard for me to believe! Ok, get use to it. I'll try! Ok.

More information for me? Ok. You have a prophecy to fulfill. Sj can take part in your completing it. Does that mean its time to tell her? Yes. I'm afraid she'll laugh at it?! That's ok. What is her part? She will retake the knowledge and tell somebody who does believe. Who? A relative.

What kind of information am I to receive? Ok. You will get information about life beyond the grave. No predictions? No. What is my job? To tell people about life after death. Will you tell me what it is like, then? Yes, yes. When? Soon. Soon, when? So, soon, very soon.

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